

City of Columbus Early Childhood Obesity Prevention Coalition

Draft of City of Columbus Early Childhood Obesity Prevention Plan

06/30/09

Location: Columbus Public Health
240 Parsons Ave.
Columbus, Ohio 43215

Chairperson: Autumn Trombetta

Facilitator: Cheryl Graffagnino

Attendees: David Ciccone (United Way of Central Ohio); Deborah Eiland (Child Development Council of Franklin County Headstart); Deborah Younger (CDCFC Headstart); Sandy Gill (Columbus Public Health); Christine Green (Columbus Public Health); Julia Hansel (Children's Hunger Alliance); Allison Beck (Children's Hunger Alliance); Jennifer Kuck (Nationwide Children's Hospital); Abby Dickens Loechler (American Heart Association); Phyllis Pirie (OSU- College of Public Health); Barb Seckler (Columbus Public Health); Valerie White (OSU Extension – Expanded Food and Nutrition Education Program); Jackie Broderick-Patton (Columbus City Schools); Nadiya Timperman (Action for Children); Joe Mazzola (Healthy Ohio, ODH); Deb Vandeborne (Columbus Urban League Headstart)

Meeting at-a-glance:

- 1) Draft of plan reviewed, initial feedback suggests plan acceptable. Feedback encouraged via e-mail, in-person, or written comments addressed to Autumn Trombetta at Columbus Public Health 240 Parsons Ave. Columbus Ohio 43215 or altrombetta@columbus.gov
- 2) Creation of a coalition directory with organization websites links to be shared with coalition members. Once compiled, this directory will be distributed via e-mail.
- 3) Speed networking exercise conducted to connect coalition members with one another. Collaboration ideas shared with the group.

Next Steps:

- 1) Please provide feedback for refining the plan to Autumn Trombetta.
- 2) Next meetings to be planned and communicated at a later date.

Agenda Item 1:

Cheryl Graffagnino presented a draft of the plan (attached) and examples of early wins reported by coalition members.

- “Columbus Public Health’s Healthy Places is now working with Nationwide Children’s Hospital’s Healthy, Happy Preschoolers (HHP) to create community education that will help HHP participants access neighborhood walking maps, create their own neighborhood walking map, and take action on walkability issues in their neighborhood.”
- “The collaboration between OSU-EFNEP and HHP has also been strengthened through our participation in the coalition.”
- “I have enjoyed meeting people from all the organizations in Columbus that have the potential to positively impact children’s lives and prevent obesity. A lot is going on in Columbus.”

Agenda Item 1 (cont.):

- “The biggest early win is to see how many of us in all the different programs care about the health of the children in Franklin Co. We all share the same passion for keeping these kids and their parents healthy and in the know. I have met many new people and heard of programs that I was not aware of that deal with the same population we deal with.”

Agenda Item 2:*Early Win – Connecting through technology*

A directory of resources would be nice but a challenge to maintain and keep up to date. Based on feedback from working groups, organizations represented on the coalition will be compiled and shared with coalition members to be used as internal resources and/or links from coalition member websites. Sign up sheet passed to attendees.

Agenda Item 3:*Speed Networking Exercise*

To facilitate collaboration and connectivity among coalition members, attendees had the opportunity to connect with at least 3 other coalition members to briefly brainstorm ideas for collaboration. Ideas were shared with the group.

- Healthy Childcare Ohio (HCCO) refers After School projects to Children’s Hunger Alliance (CHA) Healthy Kids Healthy Communities for more services/lessons for children; CHA Healthy Kids Healthy Communities refers to HCCO for more administrative help/guidance for menu revisions or resources to change policy.
- Columbus City Schools (CCS) and Columbus Public Health Cardiovascular Health Project (CVH) collaborate for community gardening in the classroom activities and to communicate foodstamp access to fresh fruits and vegetables.
- Happy Healthy Preschoolers (HHP) and CVH partner to facilitate cooking demonstration and nutrition education at Save-a-lot on E. Main.
- HCCO and CVH can share referrals for training to CVH coalition partners (The Art of Positive Parenting classes). HCCO can refer adults to CVH for health risk factor information.
- Columbus Public Health’s Institute for Active Living (IAL) collaborates with HHP to share locations of Farmer’s Markets.
- CDCFC Head Start and HHP collaborate to identify sites for HHP program to be implemented and advertised to parents. Also serves as a Step Up To Quality fulfillment.
- OSU- Expanded Food and Nutrition Education Program (OSU-EFNEP) program managers will help distribute Columbus Public Health’s Healthy Places (HP) Walking Maps.
- HP will provide walking maps to Columbus Urban League HeadStart (CUL-HS) sites and keep them updated with new maps.
- HP will provide walking maps to HCCO participants.
- CDCFC-HS will collaborate with OSU- EFNEP to provide cross referrals because target audiences are similar and participants can benefit from both programs.
- OSU-EFNEP can refer individuals and groups to HP to make changes in their community and/or discover safe places for physical activity.
- American Heart Association (AHA) and OSU-EFNEP can provide cross-referrals for risk factors modification and obesity prevention, food resources management, etc.
- AHA can provide resources for CDCFC-HS health centers (including brochures, pocket cards, etc.)
- United Way of Central Ohio (UWCO) can provide referrals for resources to help Columbus Urban League-HeadStart (CUL-HS) establish active play periods at sites.

Agenda Item 3 (cont.):

- UWCO can provide CUL-HS with referrals for speaker resources and ideas to promote health eating and physical activity at sites.
- CDC-HS and CHA can partner to help parents become more involved in the programs of good nutrition and exercise.
- CDC-HS and OSU-EFNEP can partner to create a parent and children nutrition program for low-income families.